

THE MOST TENDER CUTS OF MEAT FOR BABY

6 + MONTHS

LAMB



SHOULDER



SHANK



LEG



GROUND

BEEF



BRISKET



RIBS



SHANK



GROUND

PORK



SHOULDER



RIBS



BUTT



GROUND

CHICKEN & TURKEY

*Choose dark meat when possible as it's more tender than white meat.



LEG



THIGH



DRUMSTICK